

**WAVES****WAVES Bloomington-Normal Y Swim Team  
Equipment Info**

Equipment Required	Practice Groups							
	B4	Sk1	Sk2	Sk3	B	A	S	D
Training suit, polyester or lycra fabric does not extend onto leg or arm, does not have name or logo of another team ( <i>if solid black, navy, or royal can use as racing suit</i> )	✓	✓	✓	✓	✓	✓	✓	✓
Racing suit, polyester or lycra fabric does not extend onto leg or arm, solid color black, navy, or royal, does not have name or logo of another team (check with head coach if question before purchase)	✓	✓	✓	✓	✓	✓	✓	✓
Goggles (2 pair, easily adjustable by swimmer), coaches don't fix goggles	✓	✓	✓	✓	✓	✓	✓	✓
WAVES Swim Cap (latex or silicone), for those with long hair	✓	✓	✓	✓	✓	✓	✓	✓
Fins (Speedo training fin, available at Wild Country)	✓	✓	✓	✓	✓	✓	✓	✓
Mesh Bag (available at Wild Country)	✓	✓	✓	✓	✓	✓	✓	✓
Pull-buoy (size medium usually fits all; available at Wild Country)		✓	✓	✓	✓	✓	✓	✓
Water Bottle (recommend Nalgene 1 liter for training groups)				✓	✓	✓	✓	✓
Strokemaker paddles (as sized by coach; internet order link is on team web site Links page)					✓	✓	✓	✓
Pull tube (provided by coach)					✓	✓	✓	✓
Kickboard (standard Tyr or Speedo board, purchase at Wild Country)					✓	✓	✓	✓
WAVES team t-shirt (to be worn at meets)	✓	✓	✓	✓	✓	✓	✓	✓

**Swim Suits – Meets and Practice**

- Meets and practice - We do not allow swim suits that cover any part of the leg or arm.  
(*The only exception to this rule is when competing for selection to a senior international team.*)
- Meets and practice - do not wear suits with name or logo of another team.
- The meet and practice suit can be the same for younger swimmers. A general purpose, inexpensive suit is very appropriate.
- Do not purchase a new "hi-tech" fabric.
- If you have questions, please speak to the head coach before suit purchase.

Swim Suit Selection Guide		
	<i>Practice</i>	<i>Meets</i>
Color	Any	Black, or Navy Blue, or Royal Blue
Pattern	Any ( <i>does not have name or logo of another team</i> )	Solid, ( <i>thin black, blue, or white trim on female lingerie strap style is acceptable</i> ) ( <i>does not have name or logo of another team</i> )
Style	Traditional racing suit and/or drag suit, ( <i>fabric does not cover any part of legs or arms</i> )	Traditional racing suit, ( <i>fabric does not cover any part of legs or arms</i> )
Fabric	Any	Nylon, Polyester, Lycra, Aquablade ( <i>not Aquapel by Tyr, not Fastskin by Speedo</i> )
Brand	Any	Any

*A Positive and Focused Environment  
for Training and Racing*